

GROCERIES AND HEALTHY PREPARED MEALS



Café Partage
d'Argenteuil

Opening Hours

Monday to Thursday, 8am to 4 pm

(450) 562-0987

cafepartage@bell.net

Date : _____

Name : _____

#Phone : _____

City : _____

Pantry	Price	Qty
Almonds, peanuts, cashews	0.80 \$	
Aluminum foil 25M	1.50 \$	
Apple sauce (650 ml)	2.50 \$	
Artichokes hearts (can)	3.25 \$	
Asparagus (can)	2.50 \$	
Assorted Crackers	2.50 \$	
Assorted sweet cookies	3.18 \$	
BBQ or hot chicken sauce (398 ml)	1.00 \$	
Baked Beans (398 ml)	0.89 \$	
Baking powder (225 g)	3.00 \$	
Baking Soda (550 g)	1.40 \$	
Barley (450 g)	1.50 \$	
Beef broth (900 ml)	1.75 \$	
Beets (can)	0.75 \$	
Black Olives small	1.00 \$	
Black Olives (398 ml)	2.00 \$	
Black pepper	1.25 \$	
Breadcrumbs	2.25 \$	
Brown sauce (398 ml)	1.00 \$	
Brown Sugar (1 kg)	2.50 \$	
Cake Frosting (450 g)	2.10 \$	
Cake mix	2.10 \$	
Canned Salmon (418 g)	5.35 \$	
Canned Salmon (142 g)	2.25 \$	
Canned Tuna (120 g)	1.00 \$	
Canola Oil (946 ml)	4.99 \$	
Carrots / peas (398 ml)	0.85 \$	
Catelli meat sauce (680 ml)	2.80 \$	
Chef Boyardee (425 g)	1.50 \$	
Chicken broth (900 ml)	1.75 \$	
Chicken Noodle Soup mix (4 pouches)	2.25 \$	
Chicken Noodle Soup (284 ml)	0.99 \$	
Chicken stock mix (400 gr)	3.99 \$	
Chickpeas (907g)	2.00 \$	
Chickpeas (540 ml)	1.00 \$	
Chocolate Chips (300 g)	2.50 \$	
Chunks of Chicken (354 g)	2.50 \$	
Cocoa (227 g)	2.00 \$	
Coconut Milk (400 ml)	1.75 \$	
Coffee-Mate (170 g)	2.00 \$	
Couscous	1.50 \$	
Cream of celery (294 ml)	0.99 \$	
Cream of mushroom (284 ml)	0.99 \$	
Cream of chicken (284 ml)	0.99 \$	
Cream style corn (398 ml)	0.97 \$	
Cornstarch (454 g)	2.00 \$	
Croutons	2.00 \$	
Dainty rice (350 g)	1.50 \$	
Dattes (500 g)	3.00 \$	
Diced Tomatoes (796 ml)	1.27 \$	
Dried raisins (375 g)	2.75 \$	

Pantry	Price	Qty
Dill and Garlic Pickles (500 ml)	2.80 \$	
Evaporated Milk (370 ml)	1.65 \$	
Fast and fancy rice	1.00 \$	
Flakes of Turkey (156 g)	2.50 \$	
Flakes of Ham (156 g)	2.50 \$	
Freezer bags	3.50 \$	
Fruit Salad (796 ml)	2.90 \$	
Fruit Salad (pack of 4)	2.90 \$	
Fruit snacks (pack of 6)	2.50 \$	
Garden Select Catelli Sauce	1.00 \$	
Grated Coconut (200 g)	2.70 \$	
Green Beans (540 ml)	0.90 \$	
Green / Yellow Beans (398 ml)	0.85 \$	
Habitant Soup (796 ml)	2.10 \$	
Hamburger Helper	2.00 \$	
Honey (250 g)	6.90 \$	
Gravy packet	1.00 \$	
Instant Noodles (85 g)	0.45 \$	
Catelli soup noodles (325 at 375 gr)	2.00 \$	
Icing sugar (1 kg)	2.50 \$	
Kernelled corn (341ml)	0.97 \$	
Ketchup (1 L)	3.00 \$	
Knorr Pouch Soup	1.00 \$	
Kraft Dinner (225 g)	1.25 \$	
Kraft Salad Dressing (250 ml)	2.00 \$	
Lemon-lime Juice (125 ml)	0.65 \$	
Lentils (398 ml)	0.75 \$	
Long grain rice (907g)	4.25 \$	
Mandarins (284 ml)	2.00 \$	
Marshmallows (400 g)	2.00 \$	
Mashed potato	1.85 \$	
Mayonnaise (445 ml)	3.00 \$	
Mayonaise (890 ml)	3.00 \$	
Meatballs Stew (675 g)	2.80 \$	
canned meatloaf	1.75 \$	
Melba Toast	2.75 \$	
Mixed Beans (540 ml)	0.75 \$	
Mixed vegetables (540 ml)	0.97 \$	
Molasses (300 g)	1.75 \$	
Mushrooms (284 ml)	0.97 \$	
Mustard (400 ml)	1.60 \$	
No-calorie Sweetener (170 g)	1.25 \$	
Onion Soup mix (4 pouches)	2.25 \$	
Palme of hearts	3.25 \$	
Pasta (454 g)	0.75 \$	
Catelli Pasta (375g)	0.75 \$	
Pasta (750 at 900 g)	1.75 \$	
Catelli Pasta (600 g)	1.25 \$	
Paris pâté (78 g)	1.70 \$	
Paris pâté (135 g)	3.30 \$	
Peaches (796 ml)	2.90 \$	
Pears (796 ml)	2.90 \$	
Peas (398 ml)	0.97 \$	
Pickeled Beets	2.50 \$	
Pickeled Onions (375 ml)	2.00 \$	
Pineapple (398 ml)	1.20 \$	
Pineapple (540 ml)	1.60 \$	
Pitted prunes (375 g)	4.75 \$	
Pizza sauce (213 ml)	1.35 \$	
Pouch Soup	1.00 \$	
Red Beans (540 ml)	0.97 \$	
Relish (375 ml)	1.47 \$	
Ritz crackers	2.30 \$	

Pantry	Price	Qty
Salad Dressing (475ml)	2.00 \$	
Saltines (454 g)	2.25 \$	
Saran Wrap (30M)	2.30 \$	
Sardines (200 g)	1.60 \$	
Sidekicks	1.60 \$	
Spam meatloaf	3.60 \$	
Split peas (900 g)	1.75 \$	
Soya sauce (380 ml)	2.80 \$	
Stuffed Olives (375 ml)	1.70 \$	
Sugar (2 kg)	2.50 \$	
Sweet Pickels (375 ml)	2.80 \$	
Table Salt (1 kg)	1.00 \$	
Table Syrup (750 ml)	2.50 \$	
Tomato Juice (540 ml)	1.25 \$	
Tomato Juice (1.36 L)	2.99 \$	
Tomato Paste (156 ml)	0.85 \$	
Tomato sauce (398 ml)	1.25 \$	
Tomato Soup (284 ml)	0.67 \$	
Vegetable broth (900 ml)	1.75 \$	
Vegetable Oil (946 ml)	4.99 \$	
Vegetable Soup (284 ml)	0.99 \$	
White vinegar (4 L)	2.25 \$	
White vinegar (1 L)	1.25 \$	
White Flour (2.5 kg)	3.99 \$	
Whole or sliced potatoes (540 ml)	1.25 \$	
Whole Tomatoes (796 ml)	1.27 \$	

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Dairy & Egg products	Price	Qty
Butter (454 g)	6.48 \$	
Cheese Curds (200 g)	4.40 \$	
Cheese Curds (400 g)	8.00 \$	
Mild White Cheddar 270 g	6.10 \$	
Mild White Cheddar 600 g	10.90 \$	
Mild Marble Cheddar 270 g	6.20 \$	
Old Cheddar white 600g	12.10 \$	
Sliced Cheese (22)	3.97 \$	
Milk 2% (1 L)	2.17 \$	
Margarine (850 g)	5.29 \$	
Eggs - large size (12)	3.25 \$	
Meat & Poultry	Price	Qty
Bacon	5.10 \$	
Ground Beef (400 g)	5.00 \$	
Beef Skewer	4.15 \$	
Beef tournados	3.45 \$	
Chicken breast	2.75 \$	
Chicken pot pie	2.65 \$	
Chicken Tournedos	2.65 \$	
Chicken Skewer	3.25 \$	
Creamy Seafood shell	4.10 \$	
Fillet sole	3.55 \$	
French Onion Soup	3.60 \$	
Ground Pork (400 g)	4.00 \$	
Honey & Garlic Chicken breast	2.75 \$	
Italian Saussges (package of 2)	2.50 \$	
Pork Chop	2.15 \$	
Smoked meat	3.20 \$	
Lean Ground Veal (400 g)	5.60 \$	
Lemon & Herbs Chicken breast	2.75 \$	
Marinated Chicken Tournedos	2.65 \$	
Meat pot pie	2.15 \$	
Salmon pot pie	1.90 \$	
Salmon steak	4.00 \$	
Trout fillet	3.40 \$	
Café Partage Healthy Meals	Price	Qty
Bacon Chicken Breast	7.00 \$	
Beef Meatloaf	7.00 \$	
Beef & vegetable Stew	7.00 \$	
Beetroot Soup	3.00 \$	
Carrot soup	3.00 \$	
Chinese Macaroni	7.00 \$	
Chicken Noodle Soup	3.00 \$	
Chicken Lasagna	7.00 \$	
Chicken fried rice	7.00 \$	
Cheese macaroni	7.00 \$	
Chili con carne	7.00 \$	
Classic Pea Soup	3.00 \$	
Baked french onion soup	3.25 \$	
Cream of Leek	3.00 \$	
Cream of Turnip and Maple	3.00 \$	
Cream of vegetable	3.00 \$	
French Onion Roast beef	7.00 \$	
Honey Mustard Chicken Breast	7.00 \$	
Lasagna	7.00 \$	
Cream of tomato	3.00 \$	
Minestrone Soup	3.00 \$	

Café Partage Healthy Meals	Price	Qty
gingeral meatballs	7.00 \$	
Pizza Lasagna	7.00 \$	
Shepherd's Pie	7.00 \$	
Gratinated spaghetti	7.00 \$	
Spaghetti Sauce	7.00 \$	
Stuffed Cabbage rolls	7.00 \$	
Vegetarian chili	7.00 \$	
Vegetarian lasagna	7.00 \$	
Hamburger Steak	7.00 \$	
homemade chicken pot pie	7.00 \$	
homemade salmon pot pie	7.00 \$	
terragon pork chops	7.00 \$	
Vegetable fried rice	7.00 \$	
Bread	Price	Qty
Auger Club white (675 g)	2.84 \$	
Auger Club wheat (675 g)	2.84 \$	
Auger Italian white (700 g)	3.39 \$	
Auger Italian wheat (700 g)	3.39 \$	
Auger 14 grains (600 g)	3.69 \$	
Auger Oats & Sunflower (600 g)	3.69 \$	
Auger Homestyle white (675 g)	3.22 \$	
Auger Homestyle wheat (675 g)	3.22 \$	
Betty Special (675 g)	2.69 \$	
Betty Special wheat (675 g)	2.69 \$	
Betty Super Moist white (675 g)	2.84 \$	
Betty Super Moist wheat (675 g)	2.84 \$	
Betty Italian white (700 g)	3.39 \$	
Betty Italian wheat (700 g)	3.39 \$	
Betty Hamburger (12 buns)	3.57 \$	
Betty Sesame Hamburger (12 buns)	4.37 \$	
Betty English Muffins (6units)	2.77 \$	
Hot Dog toast (12 rolls)	3.97 \$	
Mini croissants (18 units)	4.24 \$	
Raisin Bread (340 g)	4.24 \$	
Snacks & Candies	Price	Qty
Assorted lady sarah cookies	1.35 \$	
Big Daddy	1.50 \$	
Chewy Bars	1.80 \$	
Chips (150 ou 200 gr)	1.00 \$	
Chocolate	0.85 \$	
Dad's Oatmeal Cookies	0.25 \$	
Excel gum	0.70 \$	
Jell-O Original	0.87 \$	
Microwave Popcorn	0.50 \$	
Nutri Grain Bars	2.50 \$	
Petit Beurle Cookies	2.50 \$	
Popcorn (6 bags)	2.25 \$	
Pudding (pack of 4)	1.19 \$	
Sesame Seeds candy	0.30 \$	
Social Tea Cookies	2.25 \$	
Breakfast	Price	Qty
Caramel Spread	2.05 \$	
Cereal (various prices)	3.00 \$	
Cheez Whiz (250 g)	4.49 \$	
Hazelnut Spread with cocoa (375 g)	3.00 \$	
Instant Oatmeal (variety pack-10)	2.75 \$	
Jam	2.50 \$	
Map-O-Spread (400 g)	3.30 \$	
Pancake mix	2.87 \$	
Peanut Butter (1 kg)	5.00 \$	
Peanut Butter no name	4.00 \$	
Pop Tarts (8)	2.50 \$	
Quick Oats (1 kg)	2.10 \$	
Table Syrup	2.25 \$	

Pet Supplies	Price	Qty
Canned Cat Food	0.80 \$	
Cesar Dog Food 100g	1.10 \$	
Clumping Cat Litter 4 kg	3.40 \$	
Meow Mix Cat Food (500 g)	2.00 \$	
Dog Food	1.45 \$	
Cleaning & House Products	Price	Qty
Bleach (5 L)	2.75 \$	
Bleach La Parisienne (1.89 L)	1.35 \$	
Comet	1.50 \$	
Dish Soap (372ml)	1.00 \$	
Dish soap	2.00 \$	
Disinfecting wipes	4.00 \$	
Dryer sheets	3.50 \$	
Glass cleaner (1 L)	2.50 \$	
Hertel Bathroom (700 ml)	2.75 \$	
Hertel Multi	2.50 \$	
Kitchen garbage bags	1.30 \$	
Liquid Fabric Softener (3.5 L)	2.99 \$	
Laundry Detergent	3.50 \$	
Laundry Detergent (2 L)	3.00 \$	
Mr. Net (1.3 L)	2.00 \$	
Outdoor garbage bags	1.60 \$	
Paper Towel	1.75 \$	
Pine-Sol (1.41 L)	4.00 \$	
parchment paper	2.45 \$	
SOS pads (pack of 10)	2.25 \$	
SOS pads (pack of 4)	1.00 \$	
Vim	2.55 \$	
Pharmacy	Price	Qty
Band-aids (50 units)	4.10 \$	
Body Wash / Shampoo	2.75 \$	
Coton swabs (350)	2.30 \$	
Dental Floss	1.65 \$	
Hair conditioner	3.25 \$	
Halls lozenges	1.15 \$	
Peroxide	1.75 \$	
Rubbing alcohol	3.00 \$	
Soap (3 bars)	1.90 \$	
Tissues	1.00 \$	
Toilet paper (4 rolls)	1.25 \$	
Toilet paper (6 rolls)	4.00 \$	
Tooth brush	1.30 \$	
Toothpaste colgate (60 ml)	1.15 \$	
Toothpaste Crest (125ml)	1.75 \$	
Vaseline	2.35 \$	
Beverages	Prix	Qty
Almond milk (946 ml)	2.00 \$	
Almond milk (2L)	4.00 \$	
Cranberry juice (1.89L)	3.00 \$	
Fruité juice (2 L)	1.75 \$	
Ground Coffee (200 g)	4.05 \$	
Hot Chocolate (500 g)	4.00 \$	
Hot Chocolate (10 pouches)	3.00 \$	
Instant Coffee (150 g)	3.00 \$	
Oasis juice orange / apple (960 ml)	1.15 \$	
Oasis juice tropical (pineapple)	1.48 \$	
Orange Pekoe Tea	3.00 \$	
Soft Drinks (store brand) (2 L)	1.00 \$	
Soft Drinks (Pepsi, Sprite etc. (2 L)	1.90 \$	
soft drink (710 ml)	0.75 \$	
Soy milk (946 ml)	2.00 \$	
Soy milk (2L)	3.00 \$	
Vegetable juice (945 ml)	2.15 \$	
Fruits & Vegetables	Prix	Qty
Healthy Basket - 4 persons	24.00 \$	
Healthy Basket - 2 persons	20.00 \$	
Healthy Basket - 1 person	16.00 \$	

Please note that prices subject to change without notice